

ITINERARY

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Zinifex Century Limited representatives:

Kathryn Logan – Stakeholder Relations Officer

Date and time	Activity	Additional information
Fri 2 November		
9:00	Depart Cairns 9am, (2 hrs and 35 mins)	
11:35	Arrive ZCM	
12:00	Darrimah Village – room allocation, bag drop, clothing change if necessary	
12:15	Lunch – mess hall	
12:45	Travel to Mine Administration Centre	
13:00	Visitor's site induction	
13:30	Orientation presentation by Manager	
14:00	Pit Tour	
15:30	Mill Tour	
16:30	Site drive (tailings dam etc)	
17:30	Sunset drinks (location tba)	
18:30	Return to Village	
19:00	Dinner – mess hall	
Sat 3 November		
06:30	Breakfast	
07:00	GCA orientation video (tbc Peter O'Keefe)	
07:30	Depart ZCM site for Boodjamulla (Lawn Hill) National Park	
08:30	Boodjamulla site tour with Ranger	
09:30	Morning tea	
10:00	Canoeing	
12:30	Picnic lunch	
13:00	Depart Boodjamulla	
13:30	Visit Adel's Grove	
14:00	Darrimah Village – bag collection	
14:30	Afternoon tea and wrap-up	
15:00	Travel to airport	
16:00	Depart ZCM	
18:35	Arrive Cairns	

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ADDITIONAL INFORMATION

NORTH QUEENSLAND WEATHER

- Average maximum temperature - 28 degrees
- Night time temperatures - 18 degrees

WHAT TO BRING

- Long trousers & long sleeve shirts required on mine site and at port
- Steel cap footwear must be worn (*please advise boot size if you need ZCM to provide*)

Further suggestions

- Hat
- Sunscreen
- Chap stick
- Insect repellent
- Sunglasses
- Alarm clock

Items provided

- Safety hats, glasses and boots and high visibility vests will be issued at the safety induction.

CONTACT NUMBERS

Location	Contact Name	Title	Phone	Facsimile
Zinifex Century Mine - Lawn Hill mine site	Kathryn Logan	Stakeholder Relations Officer	07 4769 5589 / 0416 083 884	07 4769 5631
	Emergency Number*		07 4769 5555	
	Surgery*		07 4769 5171	

* Trained nurses are available on site for any medical emergency or treatment. If visitors have a medical condition, please advise prior to arrival of site so medical staff can be notified.

TELECOMMUNICATIONS

On the mine site at Lawn Hill, only Optus mobile coverage is available. If required, normal phones can be used at various locations around site. An Optus starter kit can be purchased from any Optus shop. This will include an Optus SIM card and mobile number, pre paid Optus cards can then be purchased for use in the mobile phone.

Around the Gulf, Telstra CDMA mobile coverage is available in certain areas, including Karumba. LAN line phones are available at the port facility for use, as well as in hotels.

ALCOHOL AND DRUG POLICY

Zinifex Century Mine has a strict alcohol and drug policy, which encompasses all employees and visitors to either the Lawn Hill mine site or Karumba port facility.

While visiting, Health and Safety requirements do not allow any person to enter the mine site area or port facility with a blood alcohol reading of or above 0.02. Drugs or people under the influence of drugs are not permitted at either location.

NOISE AT DARIMAH VILLAGE

Noise likely to disturb residents at Darimah Village is to cease by 9.30pm in the evenings and 9.30am in the morning. Century Mine is a 24 hour operation and, as such, has employees who work during the night and sleep during the day so it is important for people working or visiting the Village during the day to not create any noise outside of these times.

FATIGUE MANAGEMENT

Managing fatigue is an important health and safety issue at Zinifex Century Mine. Following are some tips for managing fatigue:

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1. Exercise as often as possible as this will help people to sleep
2. Do not use sleeping pills. They do not compensate for adequate sleep. Even if people sleep seven hours with sleeping pills, they can still be tired afterwards
3. Avoid hot, spicy or fried foods before going to bed as these can cause the stomach to be unsettled during sleeping hours
4. Give up smoking. Smoking reduces relaxed sleep as the body begins experiencing nicotine withdrawals after three hours
5. Avoid alcohol to help sleep. Alcohol induced sleep causes the body to wake frequently
6. Do not use drug-induced stimulants to stay awake. They are not permitted under the Drug and Alcohol Policy and may cause ill health
7. Plan to sleep for at least seven hours between shifts whether working day or night shifts.

If visitors are feeling excessively tired at work, speak to their escort or sponsor who can organise a break or change of jobs. For further information on managing fatigue, request a copy of Century's 'Stay Alert. Stay Safe.' booklet.